

## **UNC Wellness Center** *Summer Camp Counselor Intern*

The internships at UNC Wellness Center are in 6 or 12 week increments.

The camp counselor internship is a way to focus your experience at UNC Wellness Center into a formal learning opportunity. The primary objective will be to assist with summer camp, though the student may spend time shadowing additional youth fitness programs offered in the facility.

If you are considering a career in education, parks and recreation, coaching, or sports management, summer camp provides practical experience to prepare you for those ventures.

A facility orientation will be held on the first day of the internship. The orientation goes over the internship schedule, expectations of the internship and the policy and procedures of the UNC Wellness Center and Summer Camp.

The focus for each area is the following:

### **Summer Camp Counselor**

- Organize and lead a variety of small and large group activities each week
- Learn how to prepare weekly schedules for parents and counselors
- Assist in maintaining accurate program records
- Assist with inventory of camp snacks, supplies, and equipment
- Develop communication, teamwork, and leadership skills

### **Youth Fitness**

- Assist with seasonal family fitness events
- Shadow-teach or team teach youth fitness classes
- Shadow Youth Fitness Coordinator directly
- Assist in programming

**UNC Wellness Center at Northwest Cary  
Application for Summer Camp Counselor Internship**

Name \_\_\_\_\_  
Address \_\_\_\_\_  
Address \_\_\_\_\_  
Telephone \_\_\_\_\_  
Email \_\_\_\_\_

Academic institution: \_\_\_\_\_  
Faculty reference – Name: \_\_\_\_\_  
Faculty reference – Phone: \_\_\_\_\_

**Applying for:**           **Summer**           **Fall**                      **Year** \_\_\_\_\_

The UNC Wellness Center at Northwest Cary welcomes students with a strong interest in planning, leading, and implementing activities for youth. Unpaid internships are available for six or twelve weeks and include time spent with the summer camp program and youth fitness programs. A minimum of five hours per week is required.

Please attach a copy of your resume along with a list of courses completed. Please include a description of your relevant work experience and a statement of your goals for this internship. Once accepted, we will need a copy of your liability insurance and immunization record from Student Health. Return your application to:

Eliza Evans  
Youth Fitness Coordinator  
350 Stonecroft Lane  
Cary, NC 27519  
Phone: 984-974-6023  
Fax: 984-974-6097  
E-mail: [Eliza.Evans@unchealth.unc.edu](mailto:Eliza.Evans@unchealth.unc.edu)

***Please note application deadlines:***  
***Summer – February 15***  
***Fall- May 15***

***Notification dates:***  
***Summer – March 1***  
***Fall- June 1***