



New Changes to the Swim Lesson Program

We are excited to announce two changes to our swim lesson program that will be effective during our next swim session beginning May 1st. We appreciate all of the feedback that has been provided to us.

The two changes are:

Swim lesson sessions will move from 4 weeks to 8 weeks in length. A large majority of our swim participants continue in the same class level after one 4-week session as more time is typically needed to master the skills to move to the next class level. The 8 sessions will now allow our swim instructors and swim lesson participants more time to teach and learn these skills over one session. Additionally, 8-week sessions will require fewer registration periods for parents. The total number of rest weeks will remain the same. Instead of 4-week sessions with a 1-week break, sessions will run 8 weeks with a 2-week break.

There will be one registration period for all members wanting to enroll in a swim lesson session.

Instead of holding two registration periods each session, we will now offer one registration period that is open to new and current swim lesson participants. The registration period will now be extended to a full week to allow parents more time to register their children for the appropriate class.

What Remains the Same

- Classes will be held once per week.
- At NW Cary, due to the popularity of the program, participation will only be allowed for members of UNC Wellness Centers. Members will continue to have the option to enroll online.
- At Meadowmont, members will continue to have a priority registration period. After this registration period ends, non-members will be allowed to register for any remaining spots.
- Class levels, class offerings and the swim lesson structure will continue as it has in the past.
- If certain class levels have a waiting list, we will continue to make every effort to add a class based on the availability of pool space and a swim instructor.
- Make-up sessions will be completed in the 2 week period between swim sessions.

Upcoming Swim Lesson Session and Registration Information

Swim Session: May 1 – June 25: Registration will be open from Saturday, April 15 starting at 12:00PM through midnight on Sunday, April 23.