

UNC Wellness Centers
Application for Clinical Exercise/Medical Fitness Internship

Name _____
Address _____
Address _____
Telephone _____
Email _____

Academic institution: _____
Faculty reference – Name: _____
Faculty reference – Phone: _____

Applying for: ___ **Summer** ___ **Fall** ___ **Spring** **Year** _____

The UNC Wellness Center at Meadowmont welcomes students with a strong interest in clinical exercise in a medical fitness setting. Unpaid internships are available for a minimum of six weeks and include time spent with cardiac rehabilitation, fitness, personal training, health education, group exercise, and nutrition. A minimum of five hours per week is required, with a flexible schedule.

Student interns are expected to have completed a core curriculum that includes the following subjects:

Anatomy and Physiology
Exercise Physiology
Biomechanics
Exercise testing and prescription
Nutrition

Please attach a copy of your resume along with a list of courses completed which meet the requirements listed above. Please include a description of your relevant work experience and a statement of your goals for this internship. Once accepted, we will need a copy of your liability insurance and immunization record from Student Health. Return your application to:

Kathy Kelly DeBlasio, MA, ATC, LAT, CPT, USA Triathlon Coach
Lifestyle Enhancement Director
UNC Wellness Center
100 Sprunt Street
Chapel Hill, NC 27517
Phone: 919-843-2161
Fax: 919-843-3276

Please note application deadlines:
Summer – February 15
Fall - May 15
Spring – October 15

Notification dates:
Summer – March 1
Fall – June 1
Spring – November 1